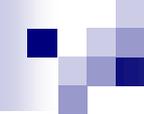


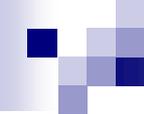
# How To Get Good Grades

**Ten Easy Steps**



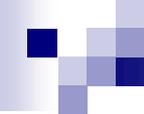
# Step 1

- Believe in Yourself
  - Believe you have something positive to offer society.
  - Believe you deserve to be successful.



## Step 2

- Be organized & prepared
  - Use folders for schoolwork.
  - Have a classmate's phone number.
  - Keep your backpack neat.
  - Get organized before you go to bed.



# Step 3

- Manage Your Time Well
  - Use class time wisely.
  - Create your own study plan.
  - Prepare for sabotage.

# Step 4

- Be successful in the Classroom
  - Be on time to school and to class.
  - Learn how to adapt to different teachers.
  - Be prepared for each class.
  - Always do your homework.
  - Involve your parents.

# Step 5

## ■ Take Good Notes

- Be an active listener.
- Take notes to help you pay attention.
- Go over your notes ASAP.
- Get copies of notes from a classmate if you are absent.

# Step 6

- Know How to Read a Textbook
  - Scan by reading subtitles, words in bold and italic print, summaries, charts, and review questions.
  - Read with a purpose.
  - Review by scanning the material to check your comprehension.

# Step 7

## ■ Study Smart

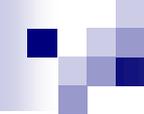
- Find a good place to study.
- Get started.
- Organize your time.
- Know how to study for tests.
- Use tricks to help you memorize information.

# Step 8

- Use Test-Taking Strategies
  - Look for key words in True/False questions.
  - Know how to approach an essay questions.
  - Check your answers.
  - Go over all returned tests.

# Step 9

- Reduce Test Anxiety
  - Start studying early.
  - Mentally practice going through the testing experience.
  - Try taking a couple of deep breaths before starting the test.
  - Plan on skipping questions and getting back to them later.



# Step 10

- Get Help When You Need It
  - Talk to your teacher.
  - Talk to a counselor.
  - Talk to your parents.